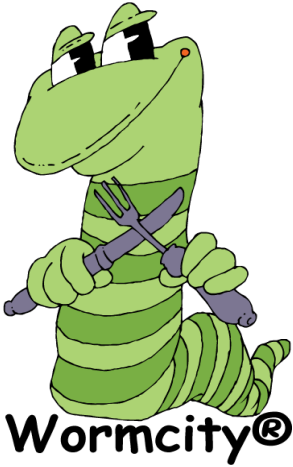


## Worm Care Leaflet



Thank you for buying your worms from Wormcity. We hope that your worms have reached you in perfect condition.

The bags they are delivered in are fully breathable. They need to be plastic as worms need moisture

As soon as you receive your worms, please inspect them straight away. They may have clumped into a ball and be very still. If in any doubt put them on top of the prepared bedding in the daylight and leave for a few hours. When you return they should have burrowed out of sight. If they appear stringy or smell foul please contact us.

If you have bought a start up pack containing coir and worm food, please prepare the coir by placing it into a bucket of water. The coir will expand. When ready simply remove and squeeze out any excess water. Worm food can be fed to your worms at a rate of a small handful every 3 days until gone

Your worms should be transferred into another container with adequate bedding (like old used compost or coir) or into your compost bin/ wormery as soon as possible. Ensure you have a lid or something to stop the worms escaping. Worms are very active at night and will try to escape and wander. They usually settle down after a few days. Leaving a light on can help prevent worm wander.

### Protect Your Worms From The Elements:-

Worms can cope with large fluctuations of heat and cold however it is essential that you keep your worms out of sunlight and prevent them from freezing. They will survive temperatures 3-25 degrees centigrade. However, if the bedding freezes or becomes too hot, your worms could die.

### Worm Bedding: Moist But Not Wet:-

Worms breathe through their skin and need moisture to survive. Please make sure that the bedding is moist. Spay with water (rainwater is perfect) to make damp

### What To Feed Your Worms:-

Basically anything that has lived and died can be fed to your worms. Worms will eat faster if it's chopped into small pieces or frozen beforehand.

### Worms Like:-

Vegetables, Fruits, Coffee, Tea leaves, Bread, Rice, Pasta, Flowers, Cereals, Crushed Egg Shells, Cakes, Cardboard, Paper, Pet Manure (cat, dog, rodent, rabbit, horse)

### The following foods can be given in very small amounts

Meat, Garlic, Onions, Citrus Fruits, Cheese

### Worms Dislike:-

Bones, Dairy Products, Oil, Soaps, Grass Cuttings, Insecticides, Chicken Manure.